



(Supplemental Digital Content 2)

The LEAF-Q Scoring key

A total score ≥8 is to be considered at risk for the Triad

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1. A: No, not at all**=0**, Yes, once or twice**=1**, Yes, three or four times**=2**, Yes, five times or more**=3**
2. A1: 1-7 days**=1**, 8-14 days**=2**, 15-21 days**=3**, 22 days or more**=4**
3. A2.1 femoral neck**=2,** total hip**=2,** sacrum**=2** , pelvis**=2**, other site(s) **=1**
4. A2.2 Yes**=1,** No**=0**
5. A2.2 Yes**=0,** No**=0**
6. A: Yes, several times a day**=3**, Yes, several times a week**=2**, Yes, once or twice a week or more seldom**=1**, Rarely or never**=0**
7. B: Yes, several times a day**=3**, Yes, several times a week**=2**, Yes, once or twice a week or more seldom**=1**, Rarely or never**=0**

2. C: Several times a day**=1**, Once a day**=0**, Every second day**=2**, Twice a week**=3**, Once a week or more rarely**=4**

2. D: Normal**=0**, Diarrhoea-like**=1**, Hard and dry**=2**

* 1. A1: Contraception**=0**, Reduction of menstruation pains**=0**, Reduction of bleeding**=0**, To regulate the menstrual cycle in relation to performances etc**=0**, Otherwise menstruation stops**=1**
  2. A: 11 years or younger**=0**, **0** 12-14 years**=0**, 15 years or older**=1**, I don’t remember**=0**, I have never menstruated**=8**

3.2 B: Yes**=0**, No**=2**, I don’t remember**=1**

3.2 B1: not scored

3.2 C: Yes**=0**, No (go to question 3.2 C6) **=1**, I don’t know (go to question 3.2 C6) **=1**

3.2 C1: 0-4 weeks ago**=0**, 1-2 months ago**=1**, 3-4 months ago**=2**, 5-6 months ago**=1** , more than 6 months ago**=3**, 12 months ago or more**=4**

3.2 C2: Yes, most of the time**=0**, No, mostly not**=1**

3.2 C3: 1-2 days**=1**, 3-4 days**=0**,5-6 days**=0**, 7-8 days**=0**, 9 days or more**=0**

3.2 C4: Yes**=0**, No**=0**

3.2 C5: 12 or more**=0**, 9-11**=1**, 6-8**=2**, 3-5**=3**, 0-2**=4**

3.2 C6: 1-2 months ago**=0,** 3-4 months ago**=1**, 5-6 months ago**=2**, more than 6 months ago**=3**, 12 months ago or more**=4,** I’m pregnant and therefore do not menstruate**=0**

3.2 D: No, never**=0**, Yes, it has happened before**=1**, Yes, that’s the situation now**=2**

3.2 E: Yes**=1**, No**=0**

3.2 E1: I bleed less**=1**, I bleed fewer days**=1**, My menstruations stops**=1**, I bleed more**=0**, I bleed more days**=0**